

NAY PYI TAW YOUTH RECOMMENDATION 2016

The Asia Pacific Conference on Reproductive and Sexual Health and Rights (APCRSHR) is a biennial gathering of civil society, young people, academia, government, media, private sector, and development partners from the region concerned about sexual and reproductive health and rights (SRHR).

WE, the youth participants of the 8th APCRSR, advocating for SRHR, have gathered in Myanmar to strengthen the voice of young people in the Asia Pacific region, to exchange knowledge and experiences, and to call for recognition of our SRHR.

WE recognize that majority of adolescents and young people across the region are marginalized and that the situation is particularly difficult for young women and girls, people living with disabilities, indigenous people, ethnic and language minorities, migrants,, young people who use and inject drugs, people living in the context of war and humanitarian crises, young people who sell sex, people living with HIV, out of school youth, and displaced people, regardless of sexual orientation and gender identity and expression (SOGIE).

Adolescents, in particular, are too often left out of socio-economic and political spaces, denying access to information and services.

WE recognize that the gross inequities in sexual and reproductive health outcomes in the region particularly affect adolescents and young people, in particular, through poor access to comprehensive sexuality education, sexual and reproductive health services including full range of contraceptives, safe abortion, STI and HIV treatment and mental health services.

We unite to fight against violence in all its forms, including gender-based violence, sexual violence against people regardless of sexual orientation and gender identity and expression, intimate partner violence and cyber-bullying.

WE emphasize that the full realization of SRHR for adolescents and young people in all diversity the Asia Pacific is still a distant dream and that discrimination and stigma continue to oppress young people in exercising our rights.

WE believe that the Sustainable Development Goals (SDGs) provide an important framework to continue the economic growth of our region. We must ensure that economic development is paired with social justice and the realization of human rights, highlighting that the SDGs can only be realized if SRHR is at the heart of its implementation.

We demand GOVERNMENTS in the Asia Pacific to act by:

1. Recognizing, promoting and protecting adolescents' and young people's sexual and reproductive health and rights as human rights and sensitizing the society over these issues
2. Prioritize the sexual and reproductive health and rights of all adolescents and young people¹ in the implementation of the SDGs, both in law and policy development. Implement

¹Adolescents and young people across the region are marginalized and particularly in difficult situation including the young women and adolescent girls, young people living with disabilities, indigenous people, ethnic and language minorities, migrants, using and injecting drugs, living in the context of war and humanitarian crises, who sell sex, people living with HIV, out of school, forced and in harmful labor, displaced and stateless, regardless sexual orientation and gender identity and expression.

- age and SOGIE-responsive budgeting, accountability and transparency of implementation, including through monitoring and evaluation methods designed in partnership with young people.
3. Investing and improving the capacities of young people in planning, monitoring and evaluation of policies and programs; and to create an enabling, peaceful environment, to implement rights-based policies and programs to ensure our right to freely express opinion and organize peacefully.
 4. Repealing laws and regulations that perpetuate violence and/or discrimination in all its forms against adolescents and young people, and pass laws that protect our sexual and reproductive rights
 5. Decriminalizing abortion, eliminating abortion-related stigma and creating and implementing policies and programs that ensure young women have access to safe, legal, accessible and affordable abortion, pre- and post-abortion services.
 6. Involving young people in collecting, analyzing, using and disseminating periodic, reliable, qualitative and quantitative output and outcomes-oriented adolescents and youth data, which is disaggregated by age, gender, and other factors (add footnote on disability) and support evidence-based policy making, financing and program design, implementation and accountability.
 7. Ensuring the provision to all adolescents and young people of rights-based, age and SOGIE-responsive, evidence-based comprehensive sexuality education through formal setting starting at primary school education level and in informal setting by engaging gatekeepers (add footnote) to implement CSE.
 8. Ensuring equal and sustainable access to the full range of evidence- and rights-based, adolescent and youth-friendly, sexual and reproductive health services that are confidential, accessible, and include a full range of safe, effective, free contraceptives, emergency contraceptives and safe abortion, STI and HIV treatment and mental health services for adolescents and young people.

We DEMAND the ACTIVISTS, CIVIL SOCIETY ORGANIZATIONS (CSOs), including RELIGIOUS INSTITUTIONS to support, advocate and protect adolescents and young people's SRHR as human rights.

We DEMAND MEDIA to provide updated and accurate information on adolescents and young people's SRHR issues mentioned above and project reliable information on SRHR.

We DEMAND MEDICAL PROFESSIONALS to provide updated and accurate information and holistic sexual and reproductive health services, that is responsive to gender and rights-based approach.

We DEMAND SCHOLARS AND RESEARCHERS to engage in qualitative and quantitative research focusing on issues related to adolescents and young people's SRHR including data collection on the impact of early and forced child marriage, teenage pregnancies, unsafe abortions and STI and HIV in the Asia Pacific region.

WE, the adolescents and young people from Asia and the Pacific region, fully commit to achieve our SRHR by demanding that SRHR is an indispensable part of our human rights, eliminating gender inequalities, religious and structural barriers, and enabling universal access to SRHR information and services. Hand-in-hand with governments, CSOs, media, medical professionals, and scholars and researchers, **WE WILL MAKE IT HAPPEN!**