

FAST FACTS

FAMILY PLANNING IN ASIA AND THE PACIFIC



10 key facts on family planning in Asia and the Pacific:

1. 140 million of women of reproductive age in Asia and the Pacific have unmet needs for modern methods of family planning.
2. Common reasons why women do not use modern contraceptives include difficulty travelling to health facilities, stock outs at health clinics, fear or earlier experience of side effects, lack of trained staff, lack of awareness of contraceptives, as well as social barriers, such as opposition by partners or families.
3. 64 per 1,000 women of reproductive age in Asia and the Pacific have an unintended pregnancy during their life.
4. 3.9 million adolescent pregnancies occur in the region annually. 43% of these pregnancies are unintended.
5. Less than 1 in 4 sexually active, unmarried adolescent girls are using a modern method of contraception.
6. The economic benefits of ensuring that all women have the autonomy to plan and space pregnancies, that no woman dies of preventable maternal complications, and that girls can complete their schooling and join the job market are quantifiable and, over time, will far exceed the investments made.
7. In a study conducted with data from 120 low- and middle-income countries, UNFPA estimates that the return on investments for meeting unmet needs for family planning and ending preventable maternal deaths is about 8 dollars for every dollar spent.
8. Studies conducted in Asia and the Pacific indicate the great returns that come from investments in rights-based family planning methods, with benefit-cost ratios ranging from 18:1 in Timor Leste to 34:1 in Lao PDR.
9. Asia Pacific is witnessing diverse population shifts, with countries facing or heading towards an aged society to countries having booming working-age populations. Securing universal access to family planning services is critical in both contexts to ensure that women can pursue their aspirations and realize their potential.
10. Family planning is a fundamental human right that does not only improve the health and future prospects of individual women and girls, but contributes positively to the development of entire societies. When women are able to choose whether, when and with whom to get pregnant, they can plan their lives and contribute the most to their communities.

Highlights from UNFPA's initiatives to address unmet need for family planning in Asia and the Pacific

Tupaia for reproductive health in the Pacific

As part of its 'Transformative Agenda for Women, Adolescents and Youth in the Pacific', UNFPA is utilizing the data platform Tupaia to build a real-time, regional map of reproductive health services and commodities in Fiji, Kiribati, Samoa, Solomon Islands, Tonga and Vanuatu. The platform uses data from multiple sources to populate visuals in a manner that enables regional bodies to target services and resources towards areas with the greatest needs.

[READ MORE ABOUT OUR USE OF TUPAIA](#)



The Return on Investment (ROI) tool

The Return on Investment (ROI) Tool – ROI:T Invest in Her - was developed by UNFPA's Regional Office for Asia Pacific to help businesses and companies understand the potential impact of implementing health-related programmes for their workforce. ROI-T helps companies in making the business case for investing in workers' health and well-being, demonstrating that this will not only improve the health of their workers, but also strengthen their productivity. The Tool advocates for the realization of sexual and reproductive rights of workers, the provision of services to tackle anaemia and improve menstrual health, as well as to reduce unmet need for family planning.

[LEARN MORE ABOUT THE TOOL HERE](#)

Sexuality education for Indonesian students with intellectual disabilities

In Indonesia, UNFPA is implementing a programme to train teachers on delivering comprehensive sexuality education to students with intellectual disabilities. The programme is part of UNFPA's and the Government's long-term efforts to ensure the availability of comprehensive sexuality education across the country.

[LEARN MORE ABOUT THE INITIATIVE](#)



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